

Exercise Topic

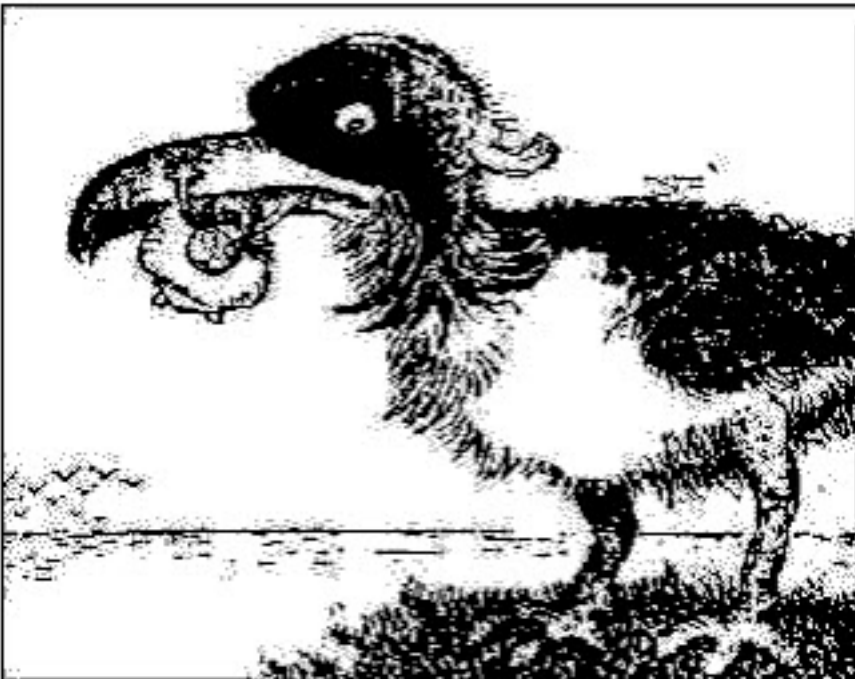
Understanding Different Perspectives When Conflict Happens

Brief Description/Purpose

One barrier to resolving conflict comes from the belief that one's own perception is right, while others are wrong. This exercise brings to awareness in a fun way, that even when two people look at the same thing, they can see completely different things.



Exercise Topic



Type

Whole group discussion using illusions

Age Appropriate

teens, adults, maybe older children

Exercise Topic

Ideal Group Size

Any size

Time For Exercise

Flexible. Use it as a quick energizer, or fuller debriefed exercise.

Topic/Subject

Conflict, perceptions, differences, diversity

Additional Information if Available

If you would like to see the original document/worksheet courtesy of 3s, check out the attachment. [Or click here for the original source worksheet.](#)

Cautions/Hints

Unique solution ID: #1044

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Last update: 2015-03-02 22:57