

Children

Lightning Feedback Exercise: Getting Formative Info From Attendees

Brief Description/Purpose

To provide closure for participants for a particular segment of a seminar, PLUS to get feedback from participants so the group leader or trainer can tweak or improve the next segments.

I use this at the end of each day for multiple day courses, or just prior to lunch and other breaks during a single day.

Type

Paper and Pencil

Age Appropriate

Any

Ideal Group Size

Any

Time For Exercise

Less than one minute.

Detailed Instructions If Needed

Provide a piece of paper to each person or a recipe card or something they can write on.

Ask each person to write a SINGLE sentence (a single word works too), to describe the day. You can use different questions like:

- *What did you like best about the morning?*
- *What would you like to see in the afternoon that's different from the morning?*
- *Is there anything you don't want to see happen tomorrow?*

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I strongly recommend you use JUST ONE QUESTION.

Have the participants drop off their contribution (anonymously) in a box by the door.

You now have an almost instant idea of where participants are "at", and can make changes for the remaining time.

Additional Information if Available

There's a slightly different type of question that can provide a variation and gets at some different things.

In one word [or sentence], please describe your mood and feelings right now.

This is called a temperature check, because it gets more at feelings (affect) rather than cognition.

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