

Teens

Career Exploration: What I Know And Don't Know About A Possible Career

Brief Description/Purpose

Simple seat exercise and group sharing to help people identify what they know, and don't YET know about a career they have some interest in.

Type

Seat work and discussion

Age Appropriate

Teens, Adults

Ideal Group Size

10 to 20 people

Time For Exercise

15-30 minutes

Topic/Subject

Career exploration, career exploration

Detailed Instructions If Needed

Provide participants with a form with the following questions on it:

- 1. Description of the occupation including main duties and responsibilities.
- 2. What are the education and training requirements for the occupation?
- 3. List other required qualifications such as licensing, certifications, etc.
- 4. What is the average wage or salary for this occupation?
- 5. What is the employment outlook for this occupation?
- 6. List the places and work environments where people in this occupation might work.
- 7. What are the opportunities for advancement?
- 8. List other occupations that are similar or related.

Have individuals answer these questions on their own. Give about 10 minutes.

Have some group members present some of their answers.

Make the points:

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You will find things you think you know about the occupation, and things you don't yet know. So our task is to help each of you identify how and where you can both confirm what you know, and fill in what you don't.

Brainstorm activities with the group for various careers, and at the end ask each person to write down three activities they will undertake after the course to fill in those blanks.

Cautions/Hints

Can also be done by individuals on their own, but it works best in some sort of group. If it's an ongoing class over a number of days, assign the activities identified in the action plan as homework.

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